

# Health Project Requirements

Students must complete a Health Project each quarter. The Health Project is worth 40 points and counts for 10% of the quarter grade. Students may choose from 4 options each quarter.

## 1. Current Health Report (10 points per report)

- Read one current health article (less than 30 days old)
- Good sources are the newspaper, magazines, the Internet news sites, etc.
- Article must be on a health topic
- Article must be at least one page long in a magazine or on the Internet, or 12 to 15 column inches in the newspaper
- Completely answer all the questions on the Current Health Report Form
- Due dates are listed below and must be met for credit to be given



## 2. Health Research Paper (40 points)

- Identify a topic you wish to research. It can be a disease, treatment, drug, condition, etc. that you are interested in
- Make an outline of the topics and sources you will include in your paper before writing it
- Must use at least 4 different sources (Up to three of these may be the Internet, at least one must be a print source and one may be a personal interview with a someone who has experienced the disease or condition)
- Write a minimum of a 4-page paper, but not to exceed 5 pages
- Cite the sources used, according to the examples on the Tips handout, on a separate page at the end of the paper
- Due dates are listed below and must be met for credit to be given



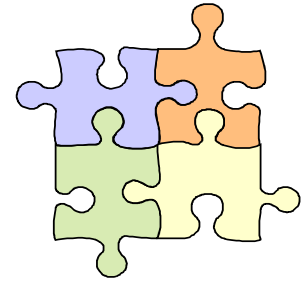
## 3. Health Career Report (40 points)

- Identify a **Health** career that interests you and sources you can use before writing the report
- Must use at least 4 different sources (Up to three of these may be the Internet, at least one must be a print source (the guidance office is a good source for information) and one may be a personal interview with a someone who is employed in this career
- Write a minimum of a 4-page paper, but not to exceed 5 pages
- Answer the following questions about the career in this order:
  - What is the definition and description of the career? What does a person do on the job when they are in this career?
  - Where does this person work-city, rural, etc.? What are the working conditions?
  - What type or training is required for this career?
  - What skills should a person have to be successful in this career? What high school classes should be taken?
  - What do people like about their job? What do they dislike about their job?
  - What is the pay for this career? Are there opportunities for advancement?
  - What is the demand for this job now and in the future?
  - Where can you go to be trained for this career? Are there any places in Wisconsin?
  - The last paragraph should be your reaction to the information that you found. Would you like to pursue this career? Why or why not?
- Cite the sources used, according to the examples on the Tips handout, on a separate page at the end of the report
- Due dates are given below and must be met for credit to be given



4. Health Related Community Service ( 10 points per hour of service)

- a. Select a volunteer activity that interests you. It must be health related. Check with the teacher before volunteering and have your Community Service Form signed and approved **BEFORE** you begin your work.
- b. Community service is designed to allow you to find out where you might help others in the community. You generally can not work for or be supervised by family, family businesses, neighbors, relatives, or at an activity you have done before. You can not be paid for your help. You can not be court ordered to do your community service activity. Possible service sites might be Interfaith Volunteer Caregivers, nursing homes, the hospital, Office of Aging, Red Cross, Special Olympics, Meals on Wheels, etc.
- c. You may work at more than one site or on more than one day to complete the four hours
- d. The Community Service Form must be entirely and thoughtfully completed
- e. Due date are given below and must be met for credit to be given



**Due Dates for Health Projects** (copy into your agenda NOW; add reminders before the due date to help you remember to do the work a little at a time.)

Item due	First Quarter	Second Quarter
Current Health Report # 1	Check with your student	Check with your student
Current Health Report # 2		
Current Health Report # 3		
Current Health Report # 4		
Research Paper Outline & Sources	Check with your student	Check with your student
Health Research Paper finished		
Career Report Outline & Sources	Check with your student	Check with your student
Health Career Report finished		
Community Service pre-approved	Check with your student	Check with your student
Community Service Form completed		

Students may choose to do a combination of community service and current health reports. For example: 2 hours of community service and 2 current health reports. However, at least half of the work must be done by the middle of the nine weeks grading period (1 report and 1 hour, or 2 hours, or 2 reports), unless teacher approval is given to extend the due date.

Students may not combine a career report or research paper with any other option.

Students are encouraged to try a different option for second quarter.