

WHAT YOU NEED TO KNOW ABOUT THE NATIONAL SCHOOL BREAKFAST AND LUNCH PROGRAM

The National School Breakfast and Lunch Program is a Federal program that allows schools to serve meals at a discounted price. Because it is Federally funded schools must follow the Federal regulations.

Every meal served that meets the Federal requirements is partially reimbursed by the Federal government.

WHAT MAKES A REIMBURSABLE MEAL?

REQUIREMENTS	BREAKFAST	LUNCH	
What schools must offer	At least four (4) food items from three (3) components (grain and or protein, fruit, milk)	All five (5) food components (grain, protein, fruit, vegetable, milk)	
Daily minimums to offer	<u>K-12</u> 1 oz grain and/or protein 1 cup fruit (or vegetable) 1 cup milk	<u>K-8</u> 1 oz grain 1 oz protein ½ cup fruit ¾ cup vegetable 1 cup milk	<u>9-12</u> 2 oz grain 2 oz protein 1 cup fruit 1 cup vegetable 1 cup milk
What students must select	At least three food items, one of which must be ½ cup fruit or vegetable or a combination	At least three different food components, one of which must be a ½ cup of fruit or vegetable or a combination	

HOW MUCH CAN MY CHILD TAKE?

Everyday the School District of Neillsville offers the students more than the minimum requirements.

For example: This is the lunch menu for today. Your child will have the option for the main course or alternative and a serving of everything else on the menu.

- Main Course: 3 Chicken Tenders (K-8) or 4 Chicken Tenders (9-12) **OR** the Alternative Sub Sandwich (either item = grain and protein) = **2 components**
 - ½ cup-1 cup of Au Gratin Potatoes (Vegetable) = **1 component**
 - 1 Muffin (Grain) = **1 component**
 - ½ cup-1 cup vegetables = **1 component** *(must have vegetable or fruit)*
 - ½ cup to 1 cup fruit (we offer a fresh fruit and a canned fruit everyday. Students may have both if they would like to) = **1 component** *(must have vegetable or fruit)*
 - Salad Bar (Vegetable) = **1 component**
 - 1 cup Milk = **1 component**
- (Must have 3 components to meet minimum federal requirement)*

Students are allowed to say no to all but 3 meal components (one must be a fruit or vegetable serving) in order for us to submit it to the government for reimbursement.

If students take less than the required amount we must then charge them for each individual item as the cost is not then subsidized.

If a child wants to have 2nds, they are considered ala carte at that time, and charged separately at the menu prices. Parents **do have** the choice to sign a waiver to not allow their children to take 2nds/ala carte items or have a daily limit to watch their budget.

PAYMENT OPTIONS

1. Deposit on line through your parent portal within Infinite Campus
2. Drop your check or cash off in any school office.
3. Setup **recurring payments** in your parent portal within Infinite Campus that automatically deposits money into your family lunch account **based on your terms** and you don't have to pay the \$1.00 card fee. For example; to not receive food service balance calls, deposit \$20 anytime the balance is at \$15 so that your account doesn't go below the \$15 threshold for calls. Or I get paid semi-monthly. Take what is normally spent in a month and divide by two and that is your semi-monthly automatic deposit into your food service account. Now you don't need to worry about anything.

If you have any further questions please feel free to reach out to the food service department.